



White Rapids Manor

March 2018



PASTORAL CARE: Pastor Jim Harrison, left, chats with Nelson Watson during a recent visit. Pastor Jim is the inaugural Pastoral Care Coordinator at White Rapids Manor.

Pastoral Care enhanced

Spiritual care is an important part of the services offered to residents of White Rapids Manor. The wonderful support of area churches and individuals means residents benefit from a weekly Sunday afternoon service and weekly Bible reading. In an effort to augment these services and provide more individual contact, White Rapids Manor has appointed Pastor Jim Harrison as the Pastoral Care Coordinator, following a community application process.

Pastor Jim will visit residents weekly and will be a support as well to families and staff who request services.

"I have pastored in churches for over 39 years and have learned the importance of the need in every person's life to have a person to go to, who can assist them in struggling with a difficulty, being present during a time of pain, or praying with them in a crisis— this is a big part of Pastoral Care. But I have also found, especially in a nursing home setting, that sometimes just being there to be a friend, to hold a hand, or to share a joy, is something that seniors need as well," he said.

Families who wish to speak with Pastor Jim can leave their name with the Registered Nurse. He will also be available to visit residents when they are in hospital and to meet with families when their loved one is palliative.

"I look forward to my opportunities of being a pastor and providing such care to the residents, their families and staff of White Rapids Manor," he said.

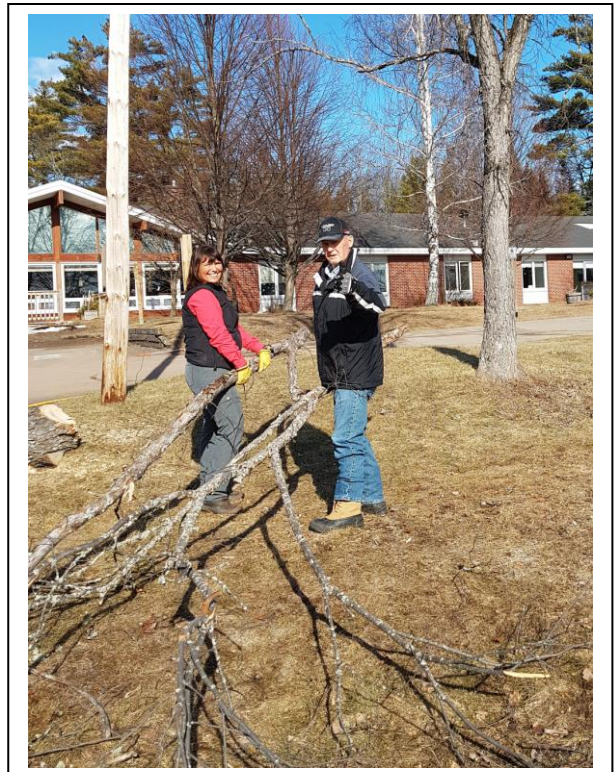
Please join us in welcoming Pastor Jim when you next see him at the nursing home.

Manor celebrating 40th anniversary with events

On August 8, 1978, hundreds of people toured White Rapids Manor at its official opening. The focus was on providing a homey atmosphere in a community setting. To mark the 40th anniversary, a party is planned to coincide with Come Home Week in August. Residents, families, volunteers, staff and their families, and the community will be invited to the event.

"We want to acknowledge everyone who has had a hand in contributing to the manor," said John W. Hall, a member of the Board of Directors. His father, John L. Hall, was Board Chairman when the nursing home opened. Residents are taking part in anniversary events as well; every 40 days a special event is being held through the Activity program.

The Friends of WRM committee is looking for any photos or special memories of the nursing home over the years. Items can be dropped off at the administration office or mailed to 235 Sunbury Drive, Fredericton Junction NB E5L 1S1.



HELPING HAND: Joe Tracy helps Angela Knappe clear the branches from a tree that was felled by NB Power.

Volunteer appreciation event April 18

Residents and staff will take time to thank those who volunteer at White Rapids Manor on Wednesday, April 18 at 2 p.m. "Residents light up when volunteers walk through the door," said Jenn Barclay, Activity Coordinator. "I am inspired by volunteers; they really connect with the residents and care about them." We are fortunate to have different age groups and such a caring community of volunteers, noted Jenn. Charlie Shannon will be playing music at the event and refreshments will be served.



HAPPY BIRTHDAY: Peg Hall will be celebrating her 100th birthday on March 30. Helping her extinguish the candles is Gail Willis of the Wirral Hospital and Community Aid, which is one of the groups that hosts monthly birthday parties at the nursing home for residents.

Person-centered care promoted

White Rapids is on the Planetree journey, which is a philosophy of person-centered care. Focus groups were held with a Planetree Facilitator last fall and earlier this year a committee of staff members attended training sessions.

The next step is for all employees to attend one-day retreats to learn about the concepts. "We want to improve

communication between residents, their families and staff to ensure the residents' voice is heard," said Albert Aubin, a committee member.



YOUNG VISITORS: Maddy Thomas and David Brigham make Valentine's Day cards and crafts. Maddy is part of the First Tri-County Girl Guides/Pathfinders group, which visits monthly. They do a variety of activities with residents, including board games and singing.

Renovation announcement expected soon from Province

White Rapids is anxiously waiting to hear details of renovation plans, following the province's announcement of \$108 million for existing nursing homes.

"We know we have a safe environment and that we have done many upgrades over the years," said Board Chairman Rob Amos. "But we also know we have major space issues. We need more single rooms for our residents, along with larger kitchen and dining facilities, and more storage areas."

Space is the main issue identified in a needs assessment report contracted by the Province, which certainly confirms what we know, continued the Board Chairman.

Forty-three nursing homes are to benefit from the funds that were announced and the hope is that White Rapids will be near the top of the list.

"We applaud the government for making a firm commitment to existing homes along with the announcement of new homes in New Brunswick," he said.



HELLO MERCI: Mary Wood and her standard poodle Merci visit with Marion James as part of the River Valley Obedience's hospital visitation team. Mary, a retired RN, and Merci are welcome visitors.