

**WHITE RAPIDS MANOR INC.**  
**233 Sunbury Drive**  
**Fredericton Junction, N.B.**  
**E5L 1S1**

APPRECIATION TO VOLUNTEERS

You, the volunteer, make valuable contributions to the happiness and contentment of our residents. Your love, concern and kindness can never be measured.

We hope that your experience as a volunteer will bring you personal satisfaction in addition to the joy you bring to others.

WE THANK YOU

VOLUNTEERING

Bringing sunshine into a lonely life,  
Coping with fear, illness and strife,  
Lending a hand to a new found friend,  
Volunteering does this wherever it can.

Helping to bring a smile to a sad face,  
Slowing down for an aging pace.  
Bringing joy and comfort with easy style,  
Volunteering does this all the while

Volunteering is helping, comforting and sharing,  
Smiling and sympathizing and always caring,  
These are the things a Volunteer can do,  
We would really be lost without you, you and you.

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**VOLUNTEER INFORMATION SHEET**

**A. Personal Data:**

Name .....

Address .....

Phone(s) .....

E-Mail Address .....

Contact Person .....

Languages spoken .....

Organizations you belong to .....

.....

**B. Available Time to Volunteer:**

1. Time of day:  
Morning ..... Afternoon ..... Evening .....
2. Day(s) of the week:  
Sun ..... Mon ..... Tues ..... Wed .....  
Thur ..... Fri ..... Sat ..... Every day .....
3. Frequency of visits:  
Weekly ..... Monthly ..... Twice a month .....

**C. In which of the following activities do you wish to volunteer? (Tick off as many as you like)**

Bingo ..... Bible Reading ..... Morning Coffee .....

Exercise ..... Cooking ..... Pet Visits .....

Bowling ..... Quilting ..... Pastoral Lay Visits .....

Sewing/Mending .....

Individual Visits (which could include) .....

1. Reading ..... 2. Board Games ..... 3. Cards .....  
4. Walks ..... 5. Letter Writing ..... 6. Listening/talking .....

Host parties ..... Piano or other musical instrument .....

Seasonal decorating .....

D. Have you been convicted of a criminal offence for which no pardon has been granted?

No ..... Yes .....

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Volunteer

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of WRM Representative