

May 2023

Monday – Friday Daily Events

Newspaper & Mail Delivery

Coffee & Chat

Bird Care and Fish Care

Midday Bingo Draw

One-to-One & Room Visits

Celebrating This Month:

Lewis Morgan May 15 1941 (82)

David McLaughlin May 21 1937 (86)

Susan Hurley Spicer May 22 1945 (78)



Any calendar changes will be posted on the bulletin boards. For more information contact **Willee** at 368-6509 or activity@whiterapidsmanor.nb.ca



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:30 Move Monday: Chair Yoga 11:00 Table Games 2:00 Retro TV- I Love Lucy Reruns 	2 11:00 Tuesday Memory Challenge 1:45 Bingo 	3 11:00 Wednesday Words: Spelling Challenge 1:00 Pet Therapy Mary W. & Joy 2:00 Movie: Jurassic Park	4 Thrifty Thursday Recycle Craft Project 2:00 Special Entertainers: The Hadleys	5 11:00 Friday Fiction Writing 2:00 Bible Reading with Guest: John Entz	6
7 2:30 Faith Baptist Church 	8 10:30 Move Monday- Chair Yoga 2:00 Country Drive 	9 11:00 Tuesday Trivia 1:45 Bingo 	10 11:00 Weird & Wonderful You Tube Finds 2:00 Bus Outing Tri County Bowling 	11 11:00 Mother's Day Flower Craft 2:00 Mother's Day Tea Party 	12 1:00 Story Time Guest Readers: Jackson & Sam S 2:00 Bible Reading with Guest: John Entz	13
14 2:00 Chapel of the Living Water 	15 10:30 Move Monday: Chair Yoga 11:00 Baking with Jill 2:00 May's Birthday Party 	16 11:00 Tuesday Memory Challenge 1:45 Bingo 	17 11:00 Wednesday's Word Challenge 1:15 Pet Therapy: Mary W. & Joy 2:00 Games in Living Room	18 11:00 Thrifty Thursday Recycle Craft Project 2:00 Special Guest Entertainers: Frank Hartt & Dean Mott	19 11:00: Friday Fun Outdoor Walks 2:00 Bible Reading with Guest: John Entz	20
21 2:00 Wirral Baptist Church 	22 	23 11:00 Tuesday Trivia 1:45 Bingo 	24 Manor Market 	25 1:30 Clothing Pin Challenge & More 6:00 Men's Night 	26 11:00 Fiction Friday: Lets Write a Story 1:30 Resident Council 2:00 Bible Reading with Guest: John Ertz Fruit of the Month: Apples	27
28 2:00 Fredericton Jct Anglican Church 	29 10:30 Move Monday: Chair Yoga 2:00 Country Drive 	30 11:00 Tuesday Memory Challenge 1:45 Bingo 	31 11:00 Wednesday's Words of Wisdom 2:00 Special Guest Entertainer: David Nielsen 			

7 PILLARS OF WELLNESS:

Environmental

Physical

Intellectual

Vocational

Emotional

Social

Spiritual