

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>  <p>Nursing Home Foyer de soins WITHOUT WALLS SANS MUR</p>	<p>2</p> <p>MONDAY MORNING MINGLE 8:30-10:00 a.m. Wellness Checks Whittaker Room, WRM</p>	<p>3</p> <p>TUESDAY TO TOWN (OROMOCTO)</p> 	<p>4</p> 	<p>5</p> <p><i>March</i></p>	<p>6</p>	<p>7</p>  <p>Nursing Home Foyer de soins WITHOUT WALLS SANS MUR</p>
<p>8</p>  <p>Daylight Saving Time Begins</p>	<p>9</p> <p>MONDAY MORNING MINGLE 8:30-10:00 a.m. Topic-Healthy Aging/Preventative Health Care</p>	<p>10</p> <p>LUNCH AND LEARN <i>Topic: Nutrition Month</i> Gladstone Curling Club 12 PM</p> <p>Reserve your seat by Mar 3</p>	<p>11</p> 	<p>12</p> <p>GRIEF CAFE 2 pm - 3:30 pm Whittaker Room, WRM</p>	<p>13</p> <p>MARCH IS NUTRITION MONTH!</p>	<p>14</p>
<p>15</p>	<p>16</p> <p>MONDAY MORNING MINGLE 8:30-10:00 a.m. Gentle Stretching and Exercise</p>	<p>17</p> <p>TUESDAY TO TOWN (FREDERICTON)</p> <p>St. Patrick's Day</p>	<p>18</p> 	<p>19</p>	<p>20</p>  <p>Spring Begins</p>	<p>21</p> 
<p>22</p> 	<p>23</p> <p>MONDAY MORNING MINGLE 8:30-10:00 a.m. Open Coffee and Chat Morning</p>	<p>24</p> <p>TUESDAY TO TOWN (FREDERICTON) <i>FROM RUSAGONIS</i> Call 506-368-6504 to book your seat</p>	<p>25</p> 	<p>26</p> <p>GRIEF CAFE 2 pm - 3:30 pm Whittaker Room, WRM</p>	<p>27</p> <p>FOOTCARE CLINIC TRACY SENIOR CENTRE</p>	<p>28</p>
<p>29</p>  <p>Palm Sunday</p>	<p>30</p>	<p>31</p>	<p>March 2026</p> 			