

| Sunday                                                                                                                                              | Monday                                                                                                                                                  | Tuesday                                                                                                                                                                        | Wednesday                                                                                                                                 | Thursday                                                                                                                                                           | Friday                                                                                                                          | Saturday                                                                                    |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| <div> <div>Tffice</div>  <div> <div>August 2026</div> </div> </div> |                                                                                                                                                         |                                                                                                                                                                                |                                                                                                                                           |                                                                                                                                                                    |                                                                                                                                 | 1                                                                                           |
| 2                                                                                                                                                   | Office Closed<br>                                                      | 3<br>Tuesday to Town<br><b>Oromocto</b><br>Call to reserve a seat<br>                         | 4<br>Happy Birthday to those Celebrating in August!<br> | 6                                                                                                                                                                  | 7<br>Footcare Clinic Tracy Senior Centre<br> | 8                                                                                           |
| 9                                                                                                                                                   | Monday Morning Mingle<br>8:30am-10:00am<br><b>Wellness</b><br>         | 10<br>Tuesday to Town<br><b>Fredericton</b><br>Call to reserve a seat<br>                     | 12                                                                                                                                        | 13<br>Bus Trip to "The Country Pumpkin"<br>Seats limited<br>Call to reserve<br> | 14                                                                                                                              | 15<br>   |
| 16                                                                                                                                                  | Monday Morning Mingle<br>8:30am-10:00am<br><b>Gentle Exercise</b><br> | 17<br>Tuesday to town<br><b>Fredericton</b><br>Call to reserve a seat<br>"Seniors and Sleep"<br>Live Webinar at Tracy Senior Centre 1:00pm                                     | 19                                                                                                                                        | 20                                                                                                                                                                 | 21                                                                                                                              | 22                                                                                          |
| 23                                                                                                                                                  | Monday Morning Mingle<br>8:30am-10:00am<br><b>Wellness</b><br>       | 24<br>Tuesday to Town from Rusagonis to<br><b>Fredericton</b><br>Call to reserve a seat<br> | 26                                                                                                                                        | 27<br>Friendly Calls<br>                                                      | 28                                                                                                                              | 29<br> |
| 30                                                                                                                                                  | No Monday Morning Mingle                                                                                                                                | 31                                                                                                                                                                             |                                                       |                                                                                                                                                                    |                                                                                                                                 |                                                                                             |